

2015 North Dakota Youth Track and Field - Minot District Meet



Thursday, May 28, 2015 at 6:00 pm
Meet hosted by the Minot Recreation Commission



Name _____ Gender (M/F) _____ Birth Date _____

Address _____ City _____ State _____ ZIP _____

Phone # _____ E-mail Address _____

Parent/Guardian _____ Shirt Size (circle one) YL AS AM AL AXL

This is needed if your child qualifies for state—tshirts are not handed out at local meets

Born in 2007-2008 - may register for up to 4 events, only 3 can be track - cannot qualify for state meet

BOYS

- Long Jump
- Softball Throw
- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash

GIRLS

- Long Jump
- Softball Throw
- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash

Born in 2005-2006 - may register for up to 4 events, only 3 can be track

BOYS

- Long Jump
- Softball Throw
- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 4x100 Meter Relay

GIRLS

- Long Jump
- Softball Throw
- 50 Meter Dash
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 4x100 Meter Relay

Relay Team: You will need to form your own team. Please list your relay team

1. _____ 2. _____ 3. _____ 4. _____

Born in 2003-2004 - may register for up to 4 events, only 3 can be track

BOYS

- Long Jump
- Softball Throw
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Dash
- 4x100 Meter Relay

GIRLS

- Long Jump
- Softball Throw
- 100 Meter Dash
- 200 Meter Dash
- 400 Meter Dash
- 800 Meter Dash
- 4x100 Meter Relay

Relay Team: You will need to form your own team. Please list your relay team

1. _____ 2. _____ 3. _____ 4. _____

Born in 2001-2002 - may register for up to 4 events, only 3 can be track

BOYS

- Long Jump
- Softball Throw
- 100 Meter Dash
- 200 Meter Dash
- 800 Meter Dash
- 1600 Meter Dash
- 4x100 Meter Relay

GIRLS

- Long Jump
- Softball Throw
- 100 Meter Dash
- 200 Meter Dash
- 800 Meter Dash
- 1600 Meter Dash
- 4x100 Meter Relay

Relay Team: You will need to form your own team. Please list your relay team

1. _____ 2. _____ 3. _____ 4. _____



Minot District Meet

Location: **Duane Carlson Field**, 7th Street & 11th Ave NW

Date: **Thursday, May 28, 2015**

Meet: **6:00 pm**

First three places for participates in each event, born 2001-2006, will advance to the North Dakota Youth State Track and Field Championships held in Fargo, on June 20.

Minot Recreation Commission

Attn: Track Meet

PO Box 684

Minot, ND 58702

REGULATIONS

Eligibility: School presently attending _____, **your age on December 31, 2015** _____. Boys and girls 7-14 years of age based on December 31 of this year, who are residents of North Dakota, are eligible to participate. **All participants must compete in their age group and gender division (no exceptions).**

Equipment: **Shoes designed for spikes** (with or without spikes) and **staring blocks** are **not** permitted.

EMERGENCY INFORMATION

Emergency Contact (Not Guardian - Relative, Friend): _____

Emergency Contact Number: _____

You must read and sign waivers below to participate.

Release and Indemnity Agreement

The undersigned for himself and for the minors (persons under the age of 18 years) whose names appear above as registered for participation in the event or program (the Event) described on the front of this document. In consideration of the acceptance of my registration and the participation of myself and any of the minors whose names appear above, or my children, or my wards I hereby, on my behalf and their behalf, release the Minot Recreation Commission and North Dakota Recreation and Parks Association, its agents and employees from all claims for injuries or property damage that I or they may sustain arising out of the event. I and any such minors recognize and acknowledge that there are risks of physical injury to participants in the event both known and unknown and I agree for myself and on their behalf to assume the risks of such injuries, damages, or loss which I or they may sustain as a result of participation in the Event. I release the Minot Recreation Commission and North Dakota Recreation and Parks Association and its agents and employees from any such claims and I agree to indemnify and hold the Minot Recreation Commission and North Dakota Recreation and Parks Association, its agents and employees harmless from any claims by any of the minors listed above arising out of or in any way related to the event. The persons executing the Release and Indemnity Agreement above hereof understand that the event may be videotaped or photographed and agree to such images and further agree that images will be the sole property of the Minot Recreation Commission and North Dakota Recreation and Parks Association and may be used for advertising and promotional use without notice to or consent of a participant, parent, or guardian and that any revenue derived there from shall be solely that of The Minot Recreation Commission and North Dakota Recreation and Parks Association.

I HAVE READ AND FULLY UNDERSTAND THE ABOVE DETAILS AND WAIVER AND RELEASE OF ALL CLAIMS.

Participant or Parent/Guardian Signature

Date